

Stronger Together — Partner with the Mental Health Warrior Program

THE MISSION

The Mental Health Warrior Program is a bold new **SELF-HELP approach that puts YOU in charge** of your mental health — one emotion at a time.

Created by author and speaker **Bruce Schutter**, the program was built from his 20-year battle with **Bipolar, Alcoholism, Anxiety Disorders and PTSD** — and **from a suicide attempt that nearly ended his life, but ultimately gave it purpose.**

Through real-life-tested tools, humor and community, it empowers individuals and organizations to move from struggle to strength!

THE CORE BELIEF

When people take charge of their mental health, they take charge of their lives. Our mission is simple: equip communities, schools, wellness centers, first responders and organizations with the tools to build resilience, confidence and connection.

WARRIOR TOOLS & PRODUCTS

Our Warrior Tools provide proven methods for managing emotions, building resilience and taking action.

Books:

- I Triumphed over Bipolar, Alcoholism and Anxiety Disorder by becoming a Mental Health Warrior
- Stop the Excuses
- Mental Health Warriors RESPOND to Crisis
- Marvin the “Mental Health Warrior” Cat’s Road Trip
- 20 Truths about Mental Health that Everyone Needs to Hear
- 53 Mindset Rules of a Mental Health Warrior
- One Bag Life of a Mental Health Warrior
- 3 Food Rules of a Mental Health Warrior
- Mind Fuel for a Mental Health Warrior

...and more from the 13-book Warrior library.

Mental Health Warrior Challenge Coin — A tangible way to carry your Warrior strength every day, celebrate progress and turn that strength into action.

Speaking Engagements — Interactive sessions that equip individuals and teams with real-life Warrior tools to rise above challenges and THRIVE.

Daily Blog — Healing with humor and practical tools to help readers start their Mental Health Warrior journey and grow into their new life.

“You’re in Charge — Mental Health Warrior Program”

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PARTNERSHIP OPTIONS

Community Collaborations — Partner with us to host talks or wellness initiatives that inspire and equip your community.

Educational Programs — Bring the Mental Health Warrior curriculum and books into schools or student support programs.

Workplace Wellness — Integrate Warrior principles into staff wellness initiatives or mental health awareness events.

First Responder Support — Provide tangible self-help tools and Challenge Coins to promote mental readiness and resilience.

Support Groups — Help individuals celebrate every step forward and share hope through Challenge Coins and Connection.

WHAT PARTNERS RECEIVE

- ✓ Access to bulk pricing on Warrior books and coins
- ✓ Customizable training and speaking engagements
- ✓ Co-branding and social media collaboration opportunities
- ✓ A shared mission — equipping others with tools to take charge of their mental health

HOW TO GET STARTED

Connect — Reach out through our website or email to discuss your organization's goals and needs.

Collaborate — Together, we'll design a customized partnership plan that aligns with your mission.

Empower — Equip your team or community with real-life Warrior tools to build strength and thrive every day.

“Stronger Together. One Warrior at a Time.”

Ready to Partner?

Visit www.bruceschutter.com/partnerships or email bruce@bruceschutter.com to start building your Warrior partnership today.

Bruce Schutter

Creator — Mental Health Warrior Program & Challenge Coin

 BruceSchutter.com

 MentalHealthWarriorChallengeCoin.com

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